

Leander Independent School District presents:

BECOMING A Love & Logic PARENT

Mary Ann Kluga, RN, MPS, LCDC, Leander ISD's chemical abuse prevention program (CAPP) coordinator, is facilitating the very popular "Becoming a Love and Logic Parent®" course during the spring of 2016. The seven-week program is designed to help parents nurture responsible, respectful, fun to be around children who will learn how to make their own choices, own their problems, think critically and logically for themselves, while the parents let empathy and consequences do the teaching. The course is appropriate for parents with any aged child. Love and logic can help any situation: home, school or even work. The instructional approach includes discussions, video clips presented by the facilitator, workbook exercises and homework to practice the "new" skills presented at each class.

**Classes are Tuesdays from 10 – 12 noon or 6:00 to 8:00 PM
at Running Brushy Middle School at 2303 N. Lakeline Blvd., Cedar Park 78613.
Dates are: March 22, 29, April 5, 12, 19, 26, and May 3, 2016**

**The cost is \$35 per individual and \$55 per couple if you share the materials. Scholarships are available.
Child care is NOT available.**

**To register or for more information, go to www.leanderisd.org.
Select the Parents and Students Tab and click on Family Involvement, Love and Logic classes.**



Questions? Contact Mary Ann at
512.570.0315 or at
MaryAnn.Kluga@leanderisd.org



The Becoming a Love and Logic Parent Class goals are designed to help parents:

- Create home environments that stimulate responsibility, resiliency, and academic achievement.
- Prevent misbehavior.
- Avoid power struggles while setting limits.
- Teach character and responsibility through modeling and the application of logical consequences instead of punishment.
- Teach children healthy problem-solving skills.
- Stay calm in stressful parenting situations.
- Help children become prepared to resist drugs, alcohol, violence, and other dangerous behaviors.